## ABSTRACT

A fluorine-containing copolymer obtained by copolymerizing tetrafluoroethylene, hexafluoropropylene and perfluoro vinyl ether as component monomers, wherein a weight ratio of tetrafluoroethylene, hexafluoropropylene and perfluoro vinyl ether units constituting the fluorine-containing copolymer is 70 to 95 : 5 to 20 : 0 to 10, respectively; the fluorine-containing copolymer having: a melt flow rate of 30 (g/10 minutes) or more; a volatile content index of 0.2 % by weight or less; and a stress relaxation modulus G(t) (unit: dyn/cm²) which satisfies the following formula at t = 0.1 second when measured at a temperature of 310 °C: G(0.1) > 7 × 10<sup>6</sup> × x<sup>-1.62</sup> - 3000

where X denotes the melt flow rate (unit: g/10 minutes). Also disclosed is an insulating material composed of the fluorine-containing copolymer and an insulated cable having a core conductor coated with the fluorine-containing copolymer.